

LIFE IS ART

Volume 11

The Ether
ISSUE

Exclusive Interview
What is Light
Language with
TY-EL
HEALS

7
TIPS

to Create a Healing
Living Space with
Interior Designer
VIK MILAN

10+

Editor's
Featured
Artists
Choice

Vibroacoustic Healing
The Sonosphere
Louisa & Rowan Firethorne

**MAIARA
WALSH**

**The Benefits of
Art Therapy**

&

LAFW
FAVORITES
From the *RUNWAY*

From Stars to Stones
FLO STATE ALCHEMY
Jewelry with Intention



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HOLISTIC *HEALING*



CATORI LIFE



Catori Life
www.catorilife.com
[@catorilife](https://www.instagram.com/catorilife)
Photographer
Michelle Van Dijk
[@michellevdijk](https://www.instagram.com/michellevdijk)
Model
Stella Klein
[@stellamklein](https://www.instagram.com/stellamklein)
MUAH
Juliette den Ouden
[@juliettedenouden](https://www.instagram.com/juliettedenouden)

Featured Products
Heart Of The
Sun Necklace
\$138.00
Myth Cuff
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Mini Ankh Charm
Necklace
\$74.00
Lumina Earrings
\$198.00

Product Image:
Ankh Necklace
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Solid Bronze
Recycled Materials
\$118.00





- Bracelet**
 - Myth Cuff \$158.00
 - Invocation Cuff \$138.00
 - Reverie Bangle \$148.00
 - 14k Herringbone Chain Bracelet \$278.00
- Rings**
 - Evil Eye Ring \$68.00
 - Mist Ring \$56.00
- Necklace**
 - Crescent Stone Necklace \$112.00
 - 14k Herringbone Chain Necklace \$840.00
- Earrings**
 - Mini Ankh Charm \$108.00
 - Padma Cuff Set \$62.00

- From Left**
 - Serpent Amulet Necklace \$118.00
 - Serpent Ring \$68.00
- Middle**
 - Ma'at Elemental Ring \$72.00
- Right**
 - Hoku Earrings \$128.00



CATORI

L I F E

We are lovers of the earth and all of her magic.

Catori Life is a woman owned, philanthropic business with the hope to be an example of how an organization can be led with mindfulness. At the center of all of our work is an ethos of care, compassion, and consideration of people, resources and the planet.

We support organizations that seek to protect and regenerate endangered ecosystems and empower people to live a more integrated existence within nature. Our biggest contributions support reforestation projects, and *we are proud to have planted almost one million trees!*

From our meticulous process of making jewelry with reclaimed metals and living wage practices, to our careful choice of shipping distributors and packaging, we continuously strive to work with full integrity, understanding the challenges in seeking to be a truly ethical brand.



L|A

FALL 2023



08
EDITOR'S LETTER
Rebranding to build a healing community.

10
FARUTA
Bridging Tradition & Modernity in Japanese Kimonos

16
VIK MILAN
Living Wellness and Mental Health using the techniques Interior Design.

26
THORSTEN ALIAS VALTYR
Visual Editorial "The Kingdom of Aereathor."

32
FLO STATE ALCHEMY
Crafting Jewellery with a Healing Intention.

34
THE SONOSPHERE
Vibroacoustic therapy by Louisa & Rowan Firethorne

40
TY-EL QUANTUM ARCHITECT
Exclusive Interview on Healing with Light Linguistics

46
ALEXANDRA PARAS
Visual Editorial "Indigo Children, A Bioluminescent Narrative."

56
MAIARA WALSH
Exclusive Interview on the Benefits of Art Therapy

64
OLYA THE WARRIOR
Photo Editorial by Lucia Dzhurinskaya

ON THE COVER

Maiara Walsh
[@maiarawalsh](#) 

Photographer
Ryan Hartford
[@eclipticphotos](#)





Witches
call it *spells*

Religions
call it *prayer*

Spiritualists
call it *manifestation*

Scientists
call it *quantum physics*

Atheists
call it the *placebo effect*

Everyone is arguing over its name...

No one is denying its existence.

LIA

FALL 2023



70

LEONARDO MARTINEZ

New Hit Single "Myth" reaches Top 10 on iTunes.

74

BEN SNYDER

Rescuing Little Yink Photo Editorial.

78

STYLE GUIDE

Boho Chic for the Fall by StiletOB0ss.

80

PHOMAZ

Turning Recycled Materials into Fashion by Beth Swanson

82

LAFW

Our Favorites from the Runway Photography by Joe Garcia.

90

MY INNER PIRATE

Photo editorial by Andrey Lukovnikov



PREVIOUS COVER

Sharlene Taule 
@sharlene

Photographer
Paula Neves
@tlens



REMEMBER THE FUTURE



LETTER From The EDITOR

*It had been years
since I published an
LIA issue...*

I became discouraged after my team and I suffered from burnout. Covid was not kind to many businesses, and Life is Art was no exception. During the much needed break, I went through an awakening, which then lead to extensive shadow work. I entered the realm of holistic healing, and devoted my energy into learning about many forms of eastern medicine. I learned about chiropractic, herbalism, acupuncture, ear seeding, reiki, sound baths, tarot, and so much more. It is astounding to me that we are just now starting to normalize eastern medicine into western culture. I feel both eastern and western medicine can work cohesively together. There is a time and place when a doctor is necessary, and there is a time and a place when families cannot afford to risk hundreds (if not thousands) of dollars on healthcare. In America, many are learning how to heal themselves through alternative methods. It is now my mission to use this platform to help others access experienced healers at a more affordable price. I think readers will find this new section educational as well as resourceful. I still intend to keep some entertainment aspects, but only for entertainers who use their platforms to make the world a better place. Talent that gives back, and understands the responsibilities of having a significant platform. When I was young, I used to love opening magazines like Vogue and Elle and see all the beautiful photos and labels.



What I didn't realize, at the time, were the politics and corruption behind those brands, and how brainwashed I was becoming by thinking those were the only brands that symbolized "status" and "success." Now, I realize the damage that has done to my mental health, and how I would rather feature companies, and brands who are active in the healing/ spiritual spaces. Companies that give back, and promote, sustainability, health and wellness. I want to create a community of connections that aim be of service to the planet and others. With this redirection, Life is Art will be filled with more wanderlust, more magic, educational articles, and resources to help normalize holistic healing, wellness and expressing one's highest self.

A handwritten signature in black ink, appearing to read 'Lia', written in a cursive style.



LIFE IS ART₁₁



FARUTA

Bridging Tradition & Modernity in Japanese Kimonos

FARUTA stands as a unique intersection where the time-honoured elegance of traditional Japanese kimonos meets the practicality of contemporary fashion. In a world characterized by swift shifts in style, we offer a subtle nod to the past while embracing the needs of the present. Our mission is simple: to make authentic Japanese kimonos accessible, wearable, and relevant to a broader audience.

Our approach begins with the meticulous selection of kimonos, some dating back a century. Each piece is chosen for its historical significance and craftsmanship. At FARUTA, we believe in preserving the essence of these garments, while also adapting them to modern sensibilities. This delicate balance ensures that every FARUTA kimono carries the weight of tradition while seamlessly integrating into modern wardrobes.

What defines the FARUTA experience is our dedication to making the intricate world of kimonos more user-friendly. Through careful alterations, we transform these garments into easy-to-wear items, suitable for various occasions. We create a folded collar and a shortened length while preserving the essence of the original design, including the traditional finish that exposes an accent of the inner lining. The result is a collection that appeals to both devoted kimono enthusiasts and individuals seeking a unique addition to their fashion repertoire.

Sustainability is at the core of our philosophy. In an era where environmental consciousness is paramount, FARUTA takes pride in repurposing vintage kimonos. By hand-selecting and thoughtfully altering each piece, we contribute to minimizing fashion waste. Our focus is not solely on creating beautiful garments; it's also about promoting mindful consumption. FARUTA kimonos embody the essence of ethical re-use, allowing wearers to connect with the past while being mindful of the present and future.

Photographer
Mote Sinabel Aoki
Model
UKICO (Singer)
Hair & Makeup
Yuki Nishikori
Kimonos
www.faruta.com



Addressing the concerns associated with vintage pieces, we ensure that every FARUTA kimono undergoes a comprehensive revitalization process. Our specialists handle the delicate fabric with care, employing techniques that include washing, deodorization, and meticulous dry cleaning. This process not only restores the garments to their former glory but also guarantees a fresh, revitalized scent, dispelling any reservations about wearing vintage pieces.

FARUTA is more than a brand; it's an invitation to explore the Japanese heritage in a modern context. It's about appreciating the artistry of the past while embracing the practicality of the present. With FARUTA, you don't just wear a kimono; you wear a piece of history, thoughtfully adapted for contemporary life. Join us in celebrating the timeless allure of Japanese kimonos, where tradition and modernity seamlessly coexist, offering a harmonious fashion experience for all.

FARUTA
@faruta.kimono
Left Kimono
The Dwellings
\$885 USD
Right Kimono
Bohemia
\$953 USD





MON LIEN
ATELIER



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www.monlienatelier.com

Square Silk Scarf | Head in the Stars | Blue & Burgundy



MON LIEN
ATELIER



Made in Italy



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Square Silk Scarf | The Ecstasy of Flight | Ivory & Brown



LIFE IS ART₁₅

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ATELIER



Made in Italy



www.monlienatelier.com

Square Silk Scarf | Head in the Stars | Turquoise & Teal



MON LIEN
ATELIER



Made in Italy



www.monlienatelier.com

Square Silk Scarf | The Mysterious Path | Yellow & Blue



LIFE IS ART₁₇

LIVING WELLNESS

Photography by
Gavin Cater | Carol McGuinness | Zander Fieschko



Featuring Interior Designer

VIK MILAN

Healing goes beyond weekly therapy. It's a life long practice that requires active, and passive methods including interior design. Vik explains how using functional interior design techniques can generate passive healing energy in your home. Understanding form and function can shift the routine of one's living experience into a higher quality of life.

The year I renovated my home was the same year I realized I had to renovate my life. Like some people hold onto magazine collections or hoard vinyl records that sit in dusty basements, I had some habits that had overstayed their welcome. I had a lifestyle that was wearing me out. Buying and renovating my home was the perfect time to think about the best physical space to live in, and also to think about how I wanted to live the rest of my life. In both cases, I was working on setting myself up for happiness. Our environment has a direct connection to our mood and mental health. And no environment influences our day to day mental wellbeing more than our home. The process of renovating my home therefore became the physical manifestation of a personal overhaul that was overdue. Both projects became about maximizing my lived experience and creating joy, both internally and externally. My design business, *Vik Milan Interiors*, specializes in creating eclectic, one-of-a-kind interiors that help my clients feel like their best self. By combining vintage and contemporary pieces with an eye towards fine art and artisanal goods, I create cohesive, personal, and functional environments. Yet, tackling my own internal floor plans, and creating the space to support my wellbeing proved one of the toughest challenges of my life.

Remember that saying, wherever you go, there you are? Well I'd lived in so many different places that where I was at any given moment was temporary. It made it too easy to tolerate what was not working. The same was true of my habits. Sometimes a room, much like a lifestyle, has to be gutted. So, as my clients do with their interior design, I sought professional help. The process helped me realize how inextricably linked our surroundings are from our internal world.

Declutter

As I stripped my house down to the bare... I stripped myself of that which was no longer serving me. From the bones I rebuilt both. The previous owners were a young couple with a toddler and another baby on the way. I don't begrudge them any choices they made (or didn't make for that matter). As a single guy living alone and recovering my mental health, my design needs and objectives were totally different, and it was a labor of love converting the space into one that was going to serve me, my friends, and family in a way that was deeply personal and customized to my 'unique' preferences.

Add Color

As I conceptualized and planned renovations to the house, I first thought about the colors, textures, and sentimental pieces that would bring me the most joy and comfort. I'm originally from Pittsburgh, PA, but was lucky enough to live in many international design hubs including Paris, Shanghai, Mexico City, Buenos Aires, and Madrid, all of which influence my globally-inspired work and created the eclectic mix I knew I wanted in my own home to remind me of my life well lived. Painting the main living space and master bedroom white was a top priority, maximizing the bright, fresh, and almost monastic aesthetic. Next I layered in colors that sparked joy — in my case, pinks, turquoise, and natural shades of green and tan.



Designer
Vik Milan
@vikmilaninteriors
Photographers
Gavin Cater
@caterphotography
Carol McGuinness
@3dtangerine
Zander Fieschko
@zandervision

|| *Our environment has a direct connection to our mood and mental health. No environment influences our day to day mental wellbeing more than our home.* ||

Top Left
Crystals like amethyst and rose quartz are often used by energy healers for healing and absorbing negative energy in the home. Sage is used for spiritual cleansing and protection.

Bottom Left:
Having a furry friend like Fred also contributes to emotional support in the home. Animals breath life into the space, and provide positive energy in addition to comfort.





LIFE IS ART₂₁

HOLISTIC HEALING

T

he house does not get direct sunlight, so maximizing the light it does receive was tantamount. I painted the entire house in High Reflective White by Sherwin Williams, which illuminates the house in the daytime without reading as cold or sterile. I also replaced all of the flooring with a light-toned wood to further lighten the space.

Enhance Natural Light

In the living room, I removed the three-wall mantle and redid the surround to achieve a more minimalist look around the corner fireplace, then topped it with work by painter Alex Achaval directly above and “La Durmienta” by Mexican artist Liliana Ang to the left. I also allowed myself some dramatic black metal sconces handmade by an artisan in Greece. Sometimes, simplicity is the best thing for your nervous system. So, thankfully, only two sofas existed that would fit in the area, and West Elm saved the day. Above, “Shelter” by contemporary Indian photographer Sandeep Dhopate provides a saturated focal point in an otherwise muted palette.

Top Image
Bedroom
Before remodel and design.
Bottom Image
Bedroom
After remodel and design.



Changes Include:
Wall color shifts from blue to a soft off white. This makes the space seem larger to the eye. The floor is neutralized, and accented with the area rug. The bed frame and white furniture modernize the energy of the space.



Top Left Image
Dining space after remodel and design.

Bottom Right:
Dining space before remodel and design. The vast empty space does not provide a dining experience compared to the before image.

Changes Included:
Major changes to floor, furniture, and color scheme. Outdoor space is highlighted by the green grass contrasting against the white table. This enables the viewer to notice the outdoor space more. Adding nature features like plants also contributes to better mental wellness.

Thankfully, we can nowadays make art out of our televisions. The Samsung Frame TV has been a design game-changer for use in projects. It sits fully flush with the wall and comes in different frame colors. Because it looks like artwork when off, it gives me a chance to mix up the look.

Create Experiences

The living room flows into the small galley-style kitchen, which originally had three different backsplashes each competing for attention. I knew a lot of time with a crowbar was in my future. I demoed everything and redid the backsplash in pearlescent-finish ceramic tile, taking it all the way to the ceiling. To help create a sense of space, I replaced the appliances with low-profile fixtures. Every extra inch of space counts. I also bought a counter-height dining table to double the surface area for prep space. Additionally, I removed some upper cabinetry in favor of white-washed wood floating shelves. Originally, as one headed upstairs, they would be accosted with a depressing and filthy brown, fraying carpet. I redid the treads and risers and re-painted them in a glossy pink, which sparks joy every time I look at them and has become the real star of the home.

The atrium gets great natural light from the skylight, but was very dark and cluttered. I demoed upper cabinetry and painted all the doors and trim white.

I added another piece by Indian photographer Sandeep Dhopate called "The Rebels," its pink hues contrasted with the black and brightness of "Companion," by my much beloved KAWS limited edition. Then I added vintage, hand-forged brass hardware from India.

The guest room was being used by the previous owner as a nursery, and there were three different kinds of metallic paint on the walls. I wanted to create a unique room that was vibrant, memorable, but cozy for guests. I modeled the guest suite (bedroom plus bath) with the idea of a 'postmodern Moroccan riad.' The walls and ceiling are painted in 36 Hours in Marrakech by Backdrop Paint. I refinished the bed in white, and the dresser is a throw-away piece from a now defunct Ritz Carlton which I also refinished. The Moroccan-style stained glass mirror was a one in a million second-hand find. I gutted this bathroom and replaced the vanity with a smaller, floating vanity to make the space feel more open and showcase the multi-color marble mosaic tile. The tile was a splurge, but it was such a small amount of square footage that I decided to go for it. The shower I custom designed using glass, brass, and pearlescent ceramic tile. The faucet and bath hardware are vintage from Morocco and India.





VIK MILAN

INTERIORS

Virtual Interior Design

is the perfect option for clients seeking design inspiration and ideas for their space, or for clients looking for interior design at a price point that is attractive to both renters and owners alike in our increasingly virtual world.

The Virtual Design Process

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vikmilaninteriors.com

@vikmilan

LIFE IS ART₂₅

HOLISTIC HEALING

As I found my way toward my own light, brightening up the primary bedroom for myself was also a priority. The room's ultra-white walls are activated by indirect sunlight each morning. Artwork in the room includes a 24k gold-plated eagle feather by British artist Carl Hopgood, a large-scale print from Minted, and a vintage - and playfully vulgar - Italian ceramic monkey.

Increase Natural Senses

The original bathroom had an open vanity area, a small, walled in toilet and shower area, and the whole thing was looking grimy, gross and dated. I had the bathroom demoed, walled in the full space, then rebuilt the bathroom from scratch. The bathroom includes a teak side table to juxtapose against the white wood and stone. The shower is clad in marble tile from Spain with tones that resemble either ocean waves or clouds depending on how they catch the light. After a year of renovating and therapy, I found my happy place inside, and I created one outside. I had created a sober refuge for myself in my mind, and a joyful refuge for myself and my dog Fred in my townhouse.

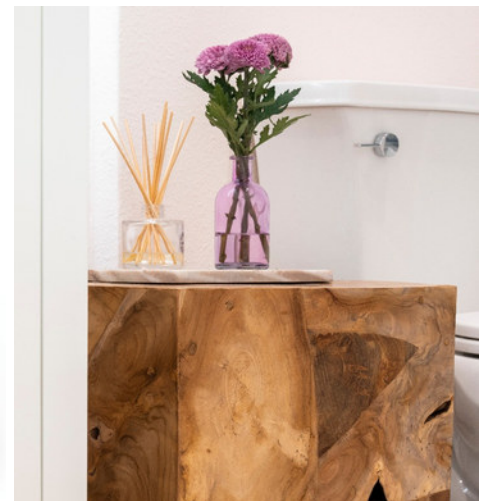
It was such a beautiful reminder of what my work does for my clients. Interior design is fundamentally about maximizing the function of a space in a way that is personal to its occupants, then layering in a unique and beautiful aesthetic. If the room doesn't function for a client, I've failed as a designer no matter how good the room may look on a superficial level.

Function & Accessibility

But what does 'functional' really mean? It was admittedly much more straight-forward pre-Covid. When I get home from work, do I want a space to read? A space to have dinner with my family? A space to entertain on weekends? Once the world went on lockdown, this paradigm shifted. For those fortunate enough to work remotely, 'home' now needed to include functional office space, a workout area, a place for virtual school - this list goes on and on. But most importantly, we needed our homes to be a refuge where we could process traumatic events and unprecedented change. As my house took shape, I did a lot of self-development work in parallel that included seeking help and embracing vulnerability. The product of this experience was becoming more stable, more resilient, and more energized. The correlation between my house's aesthetic and my mental health is critical - but the specific elements that make me happy are also very individual to my own preferences.



Senses
Add in elements of touch, see, smell, and hear. The sound of water is a natural way to allow the mind to meditate.





If function is the primary objective of interior design, creating a beautiful space for a client that amplifies their happiness each day is the ultimate measure of success.

Create Connection

This experience was transformative enough that I've refocused my design approach to first focus on the moods and feelings a client wants their home to evoke. We then talk through functional requirements, space planning, color, lighting, and decor to put together a comprehensive design plan that will make their home a place that strengthens them mentally on a deeply personal level. If function is the primary objective of interior design, creating a beautiful space for a client that amplifies their happiness each day is the ultimate measure of success.

One thing I've learned about interior design is that the end product is almost less important than the experience you deliver to a client throughout the process of executing a project. In that way, it was so interesting to serve as my own client. Interior design involves significant investment from a client, both financial and emotional, and I always seek to be the best steward of that significant responsibility.

Looking around my home, every corner, color, and artifact tells a story of not just places I've been, but the journey I undertook internally. This physical space became a mirror of my mental reconstruction. I learned that our homes can either be containers for our chaos or sanctuaries for our souls. With every brushstroke, every tile placement, and every art piece I chose, I felt the layers of my old self peel away, replaced with a stronger, clearer version of me.

Whenever friends or family visit, they often comment on the home's energy, its calming aura. My home creates connection, an essential part of mental health. I love inviting friends in. It dawned on me that this house isn't just a reflection of my journey; it's a testament to resilience and the incredible power of transformation. Every day, as I wake up in this personal haven, I am reminded of where I've been, how far I've come, and the endless possibilities ahead. It's a daily affirmation that, with the right environment and mindset, we can rebuild and rejuvenate from any challenge.



The Kingdom of Aereathor

by
Thorsten Burger
(alias Valtyr)

*E*lves from the ether as an artistic expression form the bridge between a dark fantasy story and abstract fashion influences. I try to give expression to these epic connections in my late evening hours. From an early age, I was very creative and found beauty and abstraction in all sorts of things, which inspired and always guided me. Later, alongside my main job, I advised global companies on creativity, design, and business strategy. However, I never published my own ideas for an audience.

This changed at the beginning of 2023, and I was rewarded with positive feedback from a wide audience from all areas. Incredible inquiries reach me now, which I had never expected.

The variety of tools I work with reflects this lifelong search for fantastic beauty and abstraction. With the camera, I capture reality, while Photoshop and Blender help me transform it and merge it with artificial intelligence to visually unveil the story, I write about the kingdom of Aereathor.

In the world of fashion, I find another bridge, a connection between the earth and the ether. The stylized poses and elegant garments of some characters are a tribute to the fashion world and photography, while their mystical aura establishes a connection to the ancient forests and dark waters of Aereathor. The fashion-conscious aesthetic serves as a modern expression of traditional fantasy themes, complementing and expanding the narrative depth of my stories.



EDITOR'S CHOICE

"With the camera, I capture reality. Photoshop and Blender help me transform it, and merge it with artificial intelligence to visually unveil the story."



EDITOR'S CHOICE





Valtyr

I am Thorsten (alias Valtyr) and I invite you to delve deeper into the darkness of Aereathor. Each image is a window into a world awaiting its discovery. Through my visually accompanied story, a journey presents itself, where the boundaries between the real and the fantastic continue to dissolve, and the narration as well as the deeper meaning slowly unfold. For the latest story updates, visit my blog via...

www.darkelf.com

Instagram: @valtyr_official



"FLO STATE" ALCHEMY

From Stars to Stones, Flo treats each jewelry piece as sacred art, channeling intention into every facet and every curve. When you slip on a Flo State Alchemy original, remember that you wear more than gold and gems—

"You wear intention, magic, and a piece of the cosmos."

©FLOSTATEALCHEMY

Unlocking the Magic of Handcrafted Jewelry

In the heart of Flo State Alchemy, where art and history intertwine, Florence weaves her magic into each piece of jewelry. Her creations are more than adornments; they are conduits of healing energy, meticulously crafted to resonate with the wearer's soul. She channels inner vision into her creative process, making each piece an individually crafted experience. Flo State Alchemy is a reflection for the human experience of transformation. Just as a piece of jewelry undergoes many processes to take shape, one must also evolve through many forms on their personal journey.

Crafting with Purpose

Florence, an independent artisan, breathes life into her jewelry. Each piece is infused with healing intention. Whether it's a bespoke design for an individual client or part of her exclusive product lines, Florence's work is an expression of purpose. She channels the client's presence, dreams, and needs, transforming them into tangible beauty, and wearable healing pieces. Every piece that emerges from Florence's workshop is a labor of love. With hands that have shaped countless dreams, she constructs each adornment individually. The process is sacred dance between intention and form. Florence imbues her designs with purpose, infusing stories into gemstones and metals. Her "Love Thy Self" line, inspired by the sacred geometry of nature, aligns wearers with the cosmic rhythm of creation.

From Stars to Stones: The Alchemy of Materials

Florence's creative process reflects the internal experience as the material is transformed into the envisioned design. Gold, the celestial metal born in the fiery hearts of stars, finds new life in Florence's hands. It bends, melds, and transforms into wearable art. Gems, carefully set, amplify the adornment's intention with stones—millions of years in the making. Under pressure, heat, and time, they emerge as radiant reflections of light. Each crystalized spark becomes a star within, carried by the wearer as power, protection, or love. Florence's custom wedding rings are love stories etched in metal. She collaborates closely with couples, translating their vision into tangible symbols. Each ring whispers promises, holds memories, and becomes an heirloom as a vessel for love's eternal flame.

Right Page
Top Left Image
Sacred Geometry Necklace
14k Rose Gold
Emerald Stone
Top Middle Image
Grounding Beetle Ring
Red Jasper Stone
and Sterling Silver
Bottom Left Image
Wedding Band Set
14k White Gold
Diamond stone

HANDCRAFTED TRANSFORMATIONAL *Adornment & Healing Arts*

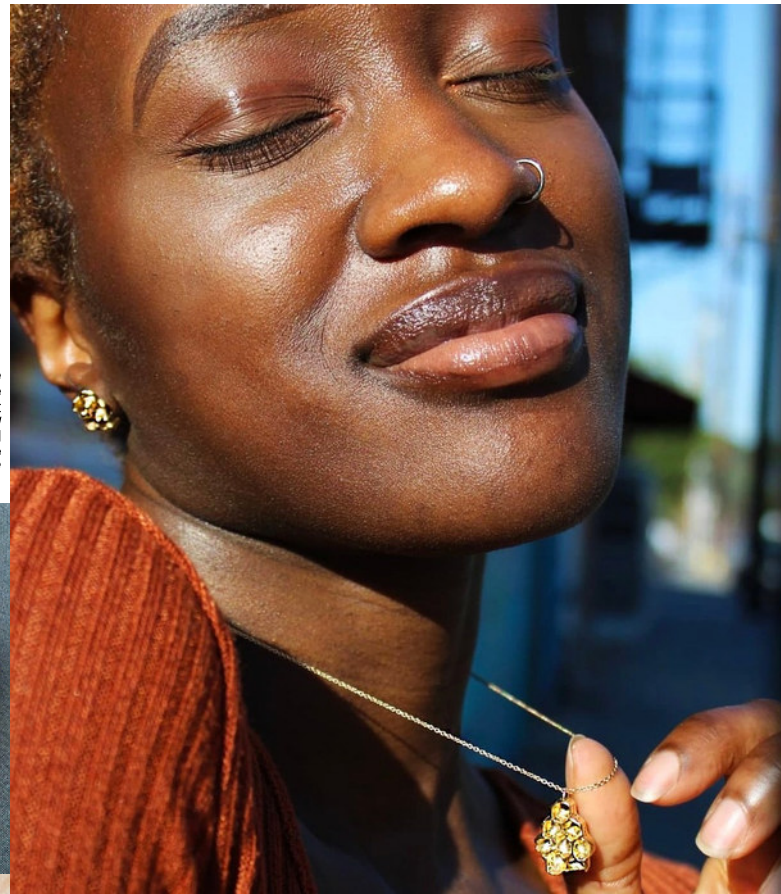
HANDCRAFTED BY FLORANCE MACDONALD

*Photography by
Danielle Lopez & Emily Castellanos*

The Artist's Signature: Intention

Florence treats each piece as sacred art, channeling intention into every facet, every curve. The construction of each piece is an extension of her vision alongside the client's dreams. The jewelry becomes an emblem, a talisman. When you wear Florence's creations, you carry intention close to your heart—a reminder of your inner power, a shield against life's storms, or a beacon of love. Florence's artistry defies convention as gateways to transformation. When you slip on a Flo State Alchemy original, remember that you wear more than gold and gems—you wear intention, magic, and a piece of the cosmos. Let her creations whisper their stories to you, and become part of your own.

Top Right Image
Honeycomb Necklace
and Earring Set
14 kt Gold
Model
Janelle
@nellebae



"I intuitively channel my clients' energies. I feel their presence, listen to their dreams, desires, and needs. I then transform all of that energy into customized healing pieces of sacred art. Designs that amplify healing and intention."

HOLISTIC HEALING



THE SONOSPHERE™

Vibroacoustic Therapy

The Sonosphere is an immersive sound experience and powerful haptic sound massage with over 20 years in the making. It's a next level vibroacoustic therapy device, comprised of a sphere-shaped acoustic flux field. The Sonosphere is for experiencing the full-body effect of resonance using haptic transducers to set up standing waves in the human body. The powerful therapeutic effects of resonance on the human body have been well cited in clinical studies. The Sonosphere can be incredibly relaxing- as well as entertaining, but it can also serve as a powerful tool to aid in many different healing processes.

REPORTED BENEFITS

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- Triggers movement in digestive system
- May stimulate new nerve growth (see studies)
- Relieves stress & anxiety (helps lower cortisol and adrenaline)
- Sooth & heal depression / PTSD
- Increases deeper brainwave states - Theta/Delta
- Can trigger the somatic release of emotion

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www.vibroacoustix.com/booking



Louisa & Rowan Firethorne

are the respective creator and practitioner of The Sonosphere, a vibroacoustic therapy [VAT] device and immersive sound experience, revolutionizing the field of sound therapy. Both life-long musicians, their combined backgrounds in physics, biochemistry and material science have provided the foundation for this incredible creative project fueled by science, engineering and plenty of heart. The Sonosphere was invented in 2002 by Louisa Firethorne, who developed 3 different Sonosphere prototypes over a period of 20 years. The Sonosphere is patented technology and the first to provide a spherical-shaped VAT device, which is more in alignment with the geometry of wave mechanics. Rowan Firethorne has integrated modern digital audio solutions to create a computer controlled interface that allows for a depth of sound synthesis and control which is unrivaled by other vibroacoustic devices. With unwavering dedication and uncompromised vision they have worked as a team, building upon past research and clinical studies in order to bring this therapeutic resonance modality to the world.

"I wanted to create an experience that no one had ever had before. I also wanted to make the world's most powerful sound therapy device because I knew that a deeper form of this existed, and I was determined to find it."

-Louisa Firethorne-



LIFE IS ART₃₇

EDITOR'S CHOICE



BÁRBARA







TY-EL

QUANTUM ARCHITECT

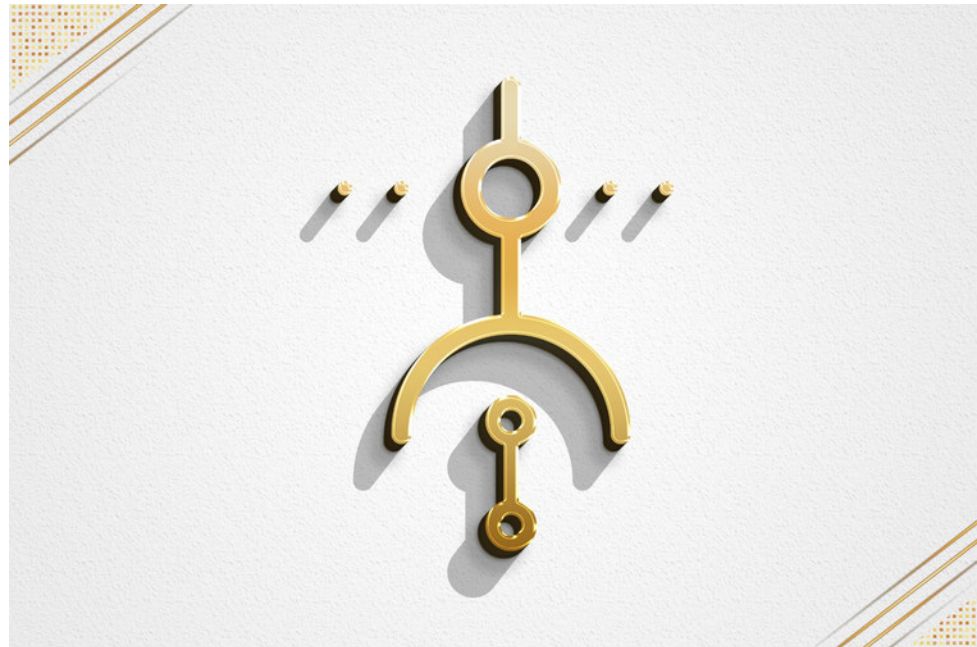
Healing the Body Using Light Linguistics & Quantum Healing Activations

Exclusive Interview

featuring **Ty-el**

Light Language Coding Glyphs by
Meghan Doskey & Nichole Fett
TikTok | @tyelheals

Light is data, it is information; it is code. Using Light Linguistics TY-EL is able to restructure and reprogram light. Light Linguistics is a powerful way of interfacing with our multidimensionality. It is a form of channeling that takes advantage of the innerstanding of how frequency, vibration, and energy translate into light. We ARE light. We ARE code. Light Linguistics is expressed in a number of ways such as vocalizations & sounds, the movement of the body, signing & mudras, and even through art & symbols/glyphs. TY-EL can shift the coding of our personal holographic templating to create rapid and profound healing. It can be used to ACTIVATE others. Activation is triggering of remembrance and abilities. Light Linguistics is not learned, it is activated but we can learn to understand how it functions. Tyel is very passionate about helping others to step into their own power and uses tools, techniques, and teachings to help others embody their highest self in the physical. This gnosis and knowledge extends into all areas of our reality and this metaphysical wisdom is translated into devices and products as well; which can be explored further through islingmagic.com





*“Any sufficiently
advanced technology
is indistinguishable
from magic”*

-Arthur C. Clarke



HEAL - ACTIVATE - UPGRADE REPROGRAM

For those just learning about Light Language, could you explain what it is and what it does?

I am a pretty logic-minded individual so I view the idea of Light Language through a particular lens. I refer to the idea as Light Linguistics simply because the term "language" has a lot of baggage. So Light Linguistics is the more scientifically minded perspective on the language of light. Light Language can be described in countless ways - which is what I think makes it so special. I just wanted to preface that. In short, Light Language is a form of higher self expression. When we're referring to light we are referring to data; light is information. When we refer to language in this context it's not so much like languages as we traditionally know them such as English. It's more about expressing pure data through frequency and energy - and it is expressed in a number of ways; through vocalizations & sounds, signing & movement, and geometry & symbols. Expressing Light Language is a form of channeling. It is meant to be felt through your soul rather than intellectually dissected. It's honestly much more like music than static language. Music is felt - we don't need to be told what a song is about, we simply feel it. We intuitively know when a song is inspirational, sad, or scary. Even if a song has lyrics we may interpret those lyrics dramatically differently between each other. Light Language works in a similar way; it is processed uniquely through the filters of each individual.

When did you realize you had this gift? Did you choose the gift or did the gift choose you?

In all honesty, I can't quite pinpoint a specific time. Looking back I recognize that I have likely been expressing forms of Light Language my whole life but it wasn't until I started diving deep into my healing journey that I realized the significance. I had heard practitioners use it and at the time it triggered my ego and I very vividly remember thinking "That's cool - I know it works but that's 'their' thing. I'm going to find my own thing." I did not understand how it worked. It wasn't until one night that countless vocalizations and dialects were forced out of me that I really started to question what it was. My body contorted into mudras and poses as I transitioned between dozens of different languages and tones for hours. I was even unable to speak English momentarily. It was such an intense experience that I couldn't deny its impact. So then I dove all in to learn more.

Do you use any tools during your clearings? (Crystals, sage, etc.) Do you recommend any?
I use a whole range of different tools! I love tools. I even consider Light Language as simply a tool. I take advantage of a whole range of different energetic technologies. My favorite is likely the mineral known as **shungite**. It is a black and mostly carbon stone that doesn't look like much but is probably one of the most special minerals of the 21st century.

SHUNGITE Protection & Purification



Pronounced
(Shuhn-gahyt
Origin
Shun'ga Village
Russia
Types
Regular
Petrovsky
Elite



It has these magical little energetic structures within it called buckyballs or fullerenes. These soccer ball like molecules attenuate negative energy. Essentially it takes the counter-clockwise quantum spin of toxic/negative energy and transmutes it to a clockwise spin. This makes it amazing for clearing, grounding, and most helpful at this time; protection from harmful frequencies such as EMF and WiFi.

Do you remember any past lives? If so, do you feel comfortable sharing any experiences?

The way my memory works is a bit unique. I remember some "quantum lives" (past/parallel/future) about as well as I remember last week - which isn't well at all! Haha. I process data a bit uniquely at this time and my memory is more like spherical awareness.

So when I "remember" a past life when I am processing it usually includes countless different alternative timelines all at once. So I don't really perceive one particular experience being a past life. It's more like I'm downloading data from that particular timeline/ego-structure that would be beneficial to this version of me. It's really difficult to articulate so I hope that makes sense.

What services do you offer to help people clear negative energy, or coach them on how to learn light linguistics?

My overall intention with my work is to help people simply be more of who they truly are; whatever that looks like. Most people will come to me when they are ready and Frequency Upgrades are my most popular session types. This is like a Chef's Special of different quantum healing techniques, overall energetic tuneups, activations, and upgrades. If people are not yet expressing their Light Languages, a good portion of clients are activated. If they are already activated then we usually assist with upgrades - which help strengthen gifts and abilities. We already have all we need inside. It's really about releasing what we're not so that we remember more of who we are... and then everything starts to fall into place!

What is your favorite thing about light linguistics?

Light Linguistics is a form of Higher Self integration so it can be used towards ANY intention! This is why in pop culture depictions of wizards and magic they are speaking strange languages and moving their fingers with sparkles swirling around. These depictions are emulating the idea of Light Language and Light Codes - which are expressed through Light Language. We can use Light Languages to heal, activate, and upgrade - but we can also use it to reprogram any aspect of our being and reality. It's essentially a quantum programming language.

OFFERINGS

- Quantum Healing
- Full Frequency Upgrade
- Returning Client
- Spirit Spa
- Light Linguistics
- 1:1 Coaching
- Light Coding
- & MORE!



TY-EL

When do you go live? Do you have a set day or time where people can tune in to receive clearings with you on TikTok?

We try to go live every Friday night for free group healings/activations around 8pm CST and then jump on at random times throughout the week to offer personalized transmissions. The plan is to begin navigating between platforms throughout the week.

Why is spiritual cleansing important?

Just like we shower, brush our teeth, clean our clothes, and tidy up our environment it is extremely beneficial to do the same to our energy field. Our energy field contains all of the information that is relevant for our sphere of experience and is responsible for manifesting physical experiences that resonate with that information. Everything is energy. Our experiences start from a subtle state and trickles downwards into density until we experience the energy signature in our reality. So I would argue that our energetic hygiene is just as important, if not more important, than our physical hygiene.

What are your thoughts on clearing karma, and the beauty of the law of karma?

I perceive karma as cause and effect. I feel so much of the idea has been a bit sensationalized by mainstream culture and it's not as dire as many believe it to be. Just like in physics, what we put out we get back. The beautiful thing about this idea is that this works just as well with "good karma" as negative; in fact it works even better! When we are in a neutral state where we are not contributing to negative impacts it makes moving towards positive experiences that much more easy. In truth, it feels like common sense. Be the change you wish to see. Treat others as you would like to be treated. Everything else will fall into place.

Any quotes you find inspiring that you wish to share?

I find this quote by Arthur C. Clarke to be relevant when it comes to Light Linguistics; "Any sufficiently advanced technology is indistinguishable from magic". So many people see Light Languages as nonsense until we begin to describe exactly how it functions. I do not see science and magic as opposites, in fact I see them a bit as synonyms. Light Linguistics is advanced metaphysical consciousness technology.





"Light Language is a form of higher self expression. It's more about expressing pure data through frequency and energy - and it is expressed in a number of ways; through vocalizations & sounds, signing & movement, and geometry & symbols. "



Light Language

TYEL
QUANTUM ARCHITECT

EDITOR'S CHOICE

Artwork by
Alexandra Paras
via Midjourney Software
IG: @alexndraai

INDIGO CHILDREN

A Bioluminescent Narrative



EDITOR'S CHOICE

ARTIST INSPIRATION

Indigo Children is a bioluminescent narrative and AI-generated art series capturing the mystical interplay of light and darkness through children adorned with bioluminescent designs. Inspired by the serene glow of marine life and the dynamic aura of urban nightscapes, this collection uses neon indigo light to bring to life the untold stories etched on their faces. Each portrait, taken against the backdrop of a moonlit seashore, merges the tranquility of the sea with the vibrancy of city life, creating a striking visual narrative that speaks to the wonder of youth and the expressive power of light.



What is an Indigo Child?

An "Indigo Child" is a term that was coined by Nancy Ann Tappe, a parapsychologist, synesthete, and psychic, who developed the new-age concept to describe the aura colors of different kinds of kids. She worked with children for years studying *Colorology, the study of the personality through the science of color*. Tappe's concept was further developed by Lee Carroll and Jan Tober, both international authors and renowned educators and lecturers. Children's auric fields were expected to be shades of the rainbow, but a very specific group called 'the Indigos' showed auras that were dominated by a royal blue color. Additionally, this group of children shared advanced knowledge, and extreme creativity for their age. They also demonstrated psychic abilities, or talked about feeling lost and wanting to return "home." When their parents asked what they meant by "home" the children referred to somewhere else in the stars. Today more and more Indigo Children are surfacing, and several now have reached adulthood, pursuing career paths where they felt called to serve their "mission" on Earth.







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Kat Alvarado
@katherine.m.alvarado
Photographer:
Luis Arevalo
@lainchgophotography
Hair:
Stephanie Jarrin
@stephaniejarrin
Makeup:
Briana Jarrin
@brianajarrin



Left Image
Evil Eye Bracelet
\$36.00
Right Image
Evil Eye Necklace
\$44.00



coco peachjewelry.com



LIFE IS ART₅₇

MAIARA WALSH

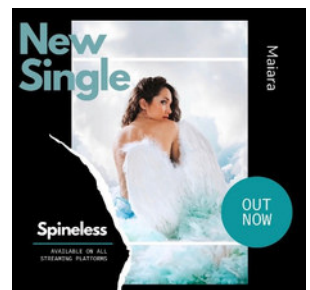
Discusses the Benefits of *Art Therapy*

Photography by
Ryan Hartford
Ecliptic Media Photography
@eclipticphoto

Maiara is a Brazilian-American actress who moved between Seattle and São Paulo from a young age. She suffered from severe anxiety and bullying. Fortunately, she found healing through creative outlets by performing in every musical play and artistic endeavor she could find. Eventually, she would go on to play substantial roles including *Ana Solis* in “Desperate Housewives,” *Meena* in Disney Channel's “Cory in the House,” recurring character *Sarah* in “The Vampire Diaries,” and even took over Emma Stone’s character *Wichita* in the pilot episode of “Zombieland.” She currently plays Jenna in “Good Trouble” on Freeform/Hulu. She directed her first feature film set to premiere in 2024, and is currently working on her first novel. As the great awakening unfolds, Maiara has taken her creative outlets to the next level. She developed an incredible creative studio called Dream Co as a playground for photographers, artists, and community builders to collaborate through art therapy. Dream Co features multiple themed rooms including a retroscape studio, a speakeasy studio, a woodland dreamscape, and more! In this exclusive interview Maiara discusses how turning to creative outlets has perhaps been the therapy many don’t realize they actually need.



Maiara Walsh
@maiarawalsh
Represented by
A3 Artists Agency
@a3artistsagency
LA | NY
Dream Co
Downtown
Los Angeles, CA
@dreamco.dtl
dreamcodtla.com





|| *We don't always have the option of talking to a friend or therapist when we need to the most. Instead of unleashing our sometimes tumultuous feelings on the outside world, or onto ourselves, we can channel that energy into creativity.* ||

ON THE COVER



When did you realize the importance of art therapy?

I subconsciously understood the importance as a child. I was a really sensitive kid who suffered countless panic attacks and night terrors, and the world was so full of contradictions I was often overwhelmed and confused. But whenever I engaged in any creative medium, whether performance, drawing, creative writing, or something hyper-focus detailed like origami, I was able to take whatever I was feeling and transform it into something I could see, feel, and touch. I consciously understood the importance of art therapy in my late teens, when I became more aware of the impact we have on the world around us through our thoughts and actions. The more I dedicated myself to honest self expression, even if it seemed completely opposite of what was expected of me, the happier I became, and the more tools I had to use when life hit me with the hard stuff.

How can others who struggle with mental health implement art therapy into their lives consistently? Any creative recommendations as to which ones you find to be more effective? (Creative writing, painting, music, etc...)

The key word there is, "consistently." I have found that's the magic key, at least for me. It's like getting on a good sleep pattern or exercise routine. We feel great when we're dedicated and doing it regularly, but it's easy to fall off when life presents unexpected situations, or when we start feeling so good we think we can sacrifice a few nights of sleep or a couple workouts til we get out of alignment or burnt out again. I think, as with most things, starting small and building up endurance over time is a good way to strengthen the creative muscle that can allow us to process our emotions in healthier and less destructive ways. Writing for me is super important, and part of my morning routine. For others it might be drawing or painting, or dance, etc... So if you commit to even five minutes a day, and feel the difference after a week, it's amazing how quickly those five minutes turn into ten, turn into twenty, turn into an hour, turn into a solid practice you can count on when times are good and when times are bad.

What are the benefits of art therapy?

The great thing about art therapy is you can do it anytime or anywhere, as long as you keep whatever medium you work with nearby (a pen, a notebook, a paintbrush, etc...) We don't always have the option of talking to a friend or therapist when we need to the most, and instead of unleashing our sometimes tumultuous feelings on the outside world or onto ourselves, we can channel that energy into creativity. I find that if I'm having a particularly challenging day and write out my feelings without judging the words or thoughts, I can look at the page and understand that part of processing my emotions is being as raw as possible. It also helps me identify patterns and decide what steps I want to take next. Art therapy is free or close to it, you can do it by yourself or with people, and over time it makes you more comfortable with all aspects that make you a unique individual.

Do you have any personal creations that helped you heal through a difficult time in your life? Could you share with us what they are, how long they took, and why they are sentimental to you?

This past year was one of the hardest years of my life. I was put in some very difficult positions and spiraled into a pretty deep depression.

As someone who has lived with anxiety the majority of my life, depression was not super familiar to me. Creatively, I would say two major things helped me through it. When I returned from Brazil there were countless projects, big and small, that I had to take care of in my creative studio, Dream Co DTLA, which means that even when I didn't feel like it, I had to paint, build, and re-activate the space. The physicality involved in painting murals, walls, floors, kept me from staying in bed like I wanted to. The second personal creation was starting my novel, an action thriller about a female assassin who is sent on a suicide mission and returns to Berlin to enact unholy vengeance on the people who plotted against her. I built this fictional world in which I could let out my fury, and it turned into something darkly funny and poignant, a cheeky take on a self help book.

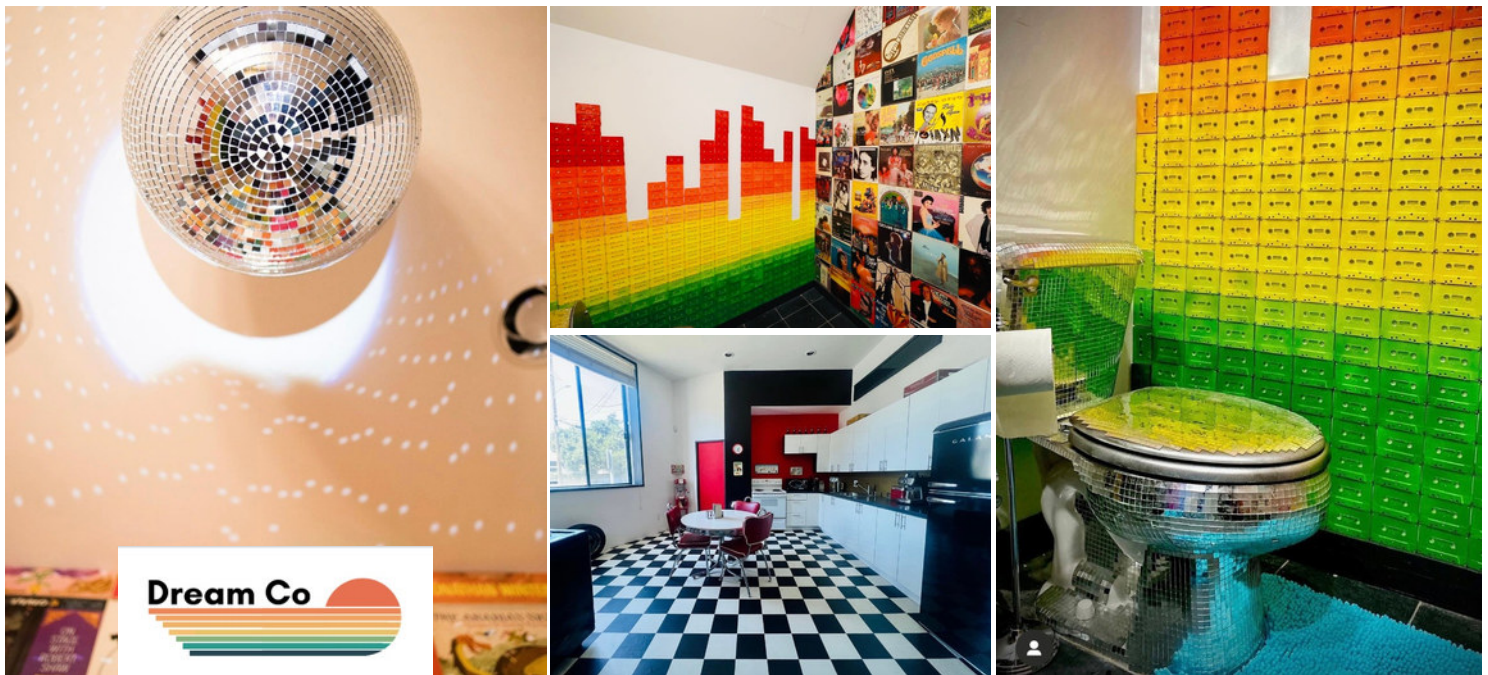
What color(s) do you recommend using during art therapy? Why these color(s) and what are their psychological benefits? Any colors to avoid during an art therapy session?

When I've worked with colors in art therapy, I find that it's very subjective. I changed my office walls from bright blue to dark purple with gold flecks, which reflected my desire to go more internal, to deepen my spiritual practices, and felt it was a transition into womanhood vs young adulthood. Then I added bright red in my retro studio kitchen, because I was craving something badass and unapologetic. After that, I created a mural in the living room, using blues and coppers, mimicking the colors of the ocean and the calm feeling it gave me while I was living in Brazil. I think everyone gets to explore what colors impact them and how, and then it's fun to look back and discover the meaning behind the colors.

Do you listen to music while creating? If so, what solfeggio frequencies and/or artist's do you recommend?

Music is essential for my creation process. I'm as eclectic as it gets when it comes to my music tastes, it all depends on my mood and what creative medium I'm working with. I listen to everything from rock to pop to rap to lo-fi, to music from all over the world, to obscure genres most people haven't heard of. I've also done a fair amount of research on sound frequency and its impact on our mental/emotional landscapes. I got really into binaural beats and learning about brain waves, and how listening to certain frequencies (solfeggio frequencies included) can alter your own brain state to help with focus, memory, sleep, creativity, and meditation.

My best advice when it comes to exploring different frequencies is to do some general research on what these frequencies are and their positive effects, and start testing them out for yourself. For example, a few brain waves worth mentioning coincide with different states, Alpha is best to listen to when you need to be alert and focused, Theta when you're in deep creation mode or meditation, and listening to Delta brain waves helps with sleep. I personally prefer listening to pure tones vs tones that are masked with music, because I often find the music distracting from whatever I'm focusing on. But I think that the music can be pretty helpful, especially in the beginning.



|| *When it comes to exploring different frequencies, it is to do some general research on what these frequencies are, and their positive effects. Start testing them out for yourself. For example, a few brain waves worth mentioning coincide with different states, Alpha is best to listen to when you need to be alert and focused, Theta when you're in deep creation mode or meditation, and listening to Delta brain waves helps with sleep.* ||

Being you are also a musician, could you explain what solfeggio frequencies are, and the healing benefits of each one?

Solfeggio frequencies are specific tones of sound that can have powerful benefits on our bodies and minds. They range from 174 hertz to 963 hertz. I'm not an expert, so I won't go into each of them with specificity, but listening to tones within that range of frequency can have healing benefits that relieve tension, pain, facilitate change, awaken intuition, etc...

Which solfeggio frequency do you currently meditate to?

I'm not currently meditating to solfeggio frequencies, but I really love listening to the pure tone of Theta brain waves while meditating. Now that we've done this interview, I think I'll find a meditation that guides me through multiple solfeggio frequencies.

What advice do you have to those who are scared of art therapy because they feel their creations aren't good enough?

The moment we allow ourselves to suck, allow ourselves to write or draw or paint something we are embarrassed by, the moment we allow ourselves to "FAIL", is the moment we no longer let the fear of failure control us. Which means we no longer let it hold us back from doing what we love, what gives us peace, what gives us purpose and passion.

I used to be so precious about every single thing I made or wrote or designed or put out into the world. But when I realized that failure was a part of the process, that we must explore what works and doesn't work, that we shouldn't hide from our rough edges but embrace them, I started to feel a lot more free. As a 'recovering' perfectionist, I'm not as attached as I used to be about what I perceived as my creative flaws and limitations.

Plus, all the practice gave me confidence, not in an egotistical sense, but in a resilient sense. I love what I do, and I do it seven days a week, whether I love what I've made or it's a work in progress.

Could you share your latest musical creation with us? What inspired you and where can readers stream it?

Yes! My latest release is called Spineless, and it's available across all platforms including Spotify, Apple Music, and iTunes. This song meant a lot to me, it's about giving too much to someone who doesn't have the capacity to give back. I was always really generous with my love, my time, and my energy, a fact that got taken advantage of repeatedly and often left me drained, with nothing left to give to myself. I've grown to learn that energy exchanges should be reciprocal over time, which is easier said than done when the heart is involved.





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Designer:
Gunel Eva
IG: @gunel.co

All designs are ethically and consciously hand made, with a commitment to organic, zero-waste fabrics and fair-trade operations. Every piece of GUNEL is beautifully wrapped in biodegradable art. Each piece is a gift to you and our planet.





GÜNEL

EDITOR'S CHOICE

*the
warrior*

Rest in Peace

Photography by:
Lucia Dzhurinskaya
@lucia_dzhurinskaya
Makeup Artist:
Polina
@uniqu.e.name





A Special Note from the Photographer

I met Olya when I was shooting in an educational center for "difficult" children, where she worked as a psychologist.

Olya immediately caught my eye, she was so warm and friendly. I offered her a creative shoot. Later, I learned from other people that she was terminally ill. At that time, she was in a difficult phase of chemotherapy. I wanted to support her during a difficult time, we started communicating a lot and conceived a photoshoot that would express her fight for life. In addition to the looks we came up with, we added actions to the shoot that would be evocations of death and liberation for her. Right in the studio during the shoot, sitting in a cage, Olya took a trimmer and shaved her head.

Unfortunately, chemotherapy did not help, Olya became weaker and weaker and eventually passed.

For a long time, I could not touch our shooting. And now I finally decided to publish it to preserve the memory of Olya as a strong and smart person who fought for her life until the end.

Editor's Note

Let Olya's memory be a reminder of how important healing the Earth, and it's inhabitants is. Please continue to share your gifts, support each other, love each other, and help each other. May Olya's soul help guide us from above.

EDITOR'S CHOICE





Leonardo Martinez

TOP 10 Single on iTunes Charts Featuring

Hector Fonseca

@_justcallmeleo | @djhectorfonseca

MYTH

Director of Photography

Jaan Kristjan Utno

Gaffer | *Vishnu Rajendran Grip | Matthew Paando* | Assistant Director | *Tyler Williams*

Set PA | *Laisha Martinez* | Hair & Makeup | *Nicci Alexander & PJ Leavitt*

Fashion Stylists | *Alessandra Lance & Phoenix Lee*

What inspired the creation of Myth?

Myth is about the mourning of a loss of relationship and being left in the mystery of what happened and why. The music video was my interpretation of the journey we spiral into when we go over the moments in our heads. You have the beautiful moments, the hard moments, the understanding of certain moments, the mystery of others, and the moments we fear certain actions contributed to the ending of the relationship. This video is meant to be a journey for the audience to go into and take away whichever feeling you feel within each space and time. Myth has been "in the vault" for many years. The writer, Jay Essex, and I have been friends and collaborators since 2014, I believe. We were putting together an intimate piano acoustic performance in summer 2018 and needed material to fill in the time and Myth was one of the songs we reviewed. He wrote the song and dedicated it to his best friend he had hurt at that time. They've since made up and are still best friends!! But the way the message and meaning of the song hit me, and the way Jay was emotional over the song just told me that this song had to be given life. It was added to the set, and I remember the feeling it brought up as I was singing it. Over the years since, I had told Jay about the possible versions of the song that were being made, and none of those versions were the right fit. This song has been recreated maybe 3 or 4 different ways! THIS version felt right because it felt exactly the way the song was meant to feel to me. It's eerie, it's dark, it's mysterious, it's got hurt and energy mixed into it.

What festivals has Myth been featured in? (Please attach red carpet photos)? How did the audience respond?

The world premiere took place at the Berlin Music Video Awards in Berlin, Germany! It was an honor and gift to experience such an astounding event's warm welcome from the other side of the world. Feeling like I belonged there with these other artists who express themselves so uniquely and powerfully made me think of the artistry I have to offer, and how I can push myself further even.



The Cordillera International Film Festival was the North American Premiere location
From Left
Charles Curtis
Middle
Leo Martinez
Right
Cinematographer and editor, Jaan Utno



What platforms is the song available?

You can find the original version on all platforms on my EP “3-Lease” and the Remix to Myth with Hector Fonseca as well on all streaming platforms!

What do you hope listeners will take away from your music?

I hope my music takes people on a journey and can find themselves within the stories I tell in my music. Besides “Myth”, “iH8U”, and “Waiting For You” (all written by Jay Essex) I’ve written every song. The most important thing about music is that it is a way to tell the truth. Even if we are simply dancing and getting lost in the music, there is something about it that takes us on a journey into an experience we’ve had whether emotional, physical, or spiritual. Either way, it’s all tangible. Music makes us think and reminds us. I hope my music can take you places and that we can connect through these experiences that are uniquely ours, and bond.

What is your mantra for this year?

“Take the next indicated step.” 2023 has been a lesson in letting go of my ideas and trusting the process. The humility I’ve faced throughout the year has been a slap in my face for sure. But one I am grateful for. It’s caused me to appreciate my work, my relationships, and my life much more. It’s had me question what it is I hold on to, and can let go of. The newness I continue to unravel baffles me each day because I am continuing to see how I can break out of an old manuscript that no longer works for me. It has everything to do with the work I’ve created, why I’ve waited as long as I have with releasing “Myth” the music video, and other works that have been created over the course of the year. “3-Lease” was released on 11/11/2022. 2023 has since then been a lesson in quality over quantity. I’ve experienced upgrade in 2023 like being paid the highest I’ve ever been paid for a live performance, and hearing my songs play in nightclubs across North America, or play on FM radio regularly. I’ve experienced international exposure with the music video. I’m about to experience another remix for this song and who knows what it’ll bring. It feels like this is the perfect conclusion to this chapter of my journey with “3-Lease” as the remix for “Myth” comes out on 11/10/2023, just one day before the 1 year anniversary! I feel like everything has a perfect timing and that’s why it’s important to trust the process and “take the next indicated step” otherwise opportunities will be wasted, or worse, missed.



TOP 10!

MYTH has been screened at *AFMX, Berlin Music Video Awards*, and the *Cordillera International Film Festival*. It also made the **Top 10** on the *iTunes Music Charts* for Dance Genre.

Rescuing Little Yink...

A Photo Story by
BEN SNYDER

@Snyders.photos

I want to introduce everyone to a day-old fawn named Little Yink. He was named for the sound he makes when he suckles on a person's ear. We were planning a nature photoshoot with an older whitetail that had been rescued from a similar situation but found Little Yink instead. Little Yink [Yink for short] is one of many fawns that find themselves orphaned if not killed each spring during normal farming activities. Yink found himself orphaned after being born in a hayfield and his mother ran off when the hay was being mowed. She did not successfully cross the nearby highway. The farmer investigated the location the deer was at in the field and found Yink. They scooped up Yink and brought him to the only person they knew that had rescued deer before. As a farmer myself, I have witnessed this tragic occurrence before and strive to protect any wildlife I can during my farming activities. There are so many things a farmer could do to help locate helpless animals in their fields to prevent stories like this. Another concern is that the game commission says, "let nature sort itself out". They don't want animals being domesticated and would rather leave helpless animals to be food for others. Was it nature that left them orphaned? NO. If humans caused harm or injury to an animal, it is on us, not nature to "sort it out".

Model
Scarlet Fever
@Scarlet.fever.modeling





EDITOR'S CHOICE



*If humans caused harm or injury to an animal,
it is on us, not nature to “sort it out.”*



I understand that farming, especially in hay season, there are short breaks in weather or timing to get different processes completed and can make or break an entire harvest. First cutting is also the time in spring that animals are being born. I wish the equipment manufacturers would help the farmers and design equipment safer for animals that may be hiding in a field.

I watch everything that I drive by hoping to catch anything that doesn't belong before my mower runs through a section but even that doesn't catch everything. I recently got a puppy to train to help run fields during harvest to find any animals hiding so they can be flushed from the field or moved safely. As for the “let nature sort itself out” crowd, what is natural about a machine or vehicle

disrupting an animal's way of life or ability to survive? I commend rescues, large or small and recognized or not, that have a heart and give an animal a chance to live after human actions have put it in jeopardy. Accidents happen no matter how much prevention we try. It's how we respond to the inevitable that matters.

STYLING GUIDE

- 1. Feather Cardigan Fashion Nova, \$49.99; fashionnova.com
- 2. Silk Chiffon Dress Victoria Beckham, \$2,250; luisaviaroma.com
- 3. Butterfly Bodice Top Etro, \$2,125; lyst.com
- 4. Wide-Leg Jeans, \$1,100; nordstrom.com
- 5. Patchwork Tote Bag Maje, \$360; modesens.com
- 6. Faux Suede Fedora San Diego Company, \$46; saksof5th.com
- 7. Aztec Mandala Tiger's Eye Ring 1928, \$38; macys.com
- 8. Recycled TigerEye Earrings The Alkemistry, \$326; farfetch.com
- 9. Ovale Ring Sylvia Toledano, \$195; 24s.com
- 10. Fring Booties Nine West, \$54; paulushardi.com

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- 11. Suede and Shearling Coat Magda Butrym, \$5,725; mytheresa.com
- 12. Saskia Lace-Trimmed Maxi Dress Love Shack Fancy, \$695; milanstyle.com
- 13. Sensory Velvet Lace Bodice Top Zimmermann, \$795; zimmermann.com
- 14. Maxi Skirt Amotea, \$148; modesens.com
- 15. Aiche Opal and Diamond Gold Ring Jacquie Aiche, \$6,519; matchesfashion.com
- 16. Bohemian Flower Dangle Earrings Ben-Amund, \$145; neimanmarcus.com
- 17. Gold Garnet Flower Ring Aurelie Bidermann, \$1,501; farfetch.com
- 18. Sophie Hat Borsalino, \$520; neimanmarcus.com
- 19. Grace Fring Suede Hobo, \$2,350; farfetch.com
- 20. Suede Point-Toe Boots Isabel Marant, \$420 saksof5th.com



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FAVS

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Designer
Alexis Monsanto
@alexismonsanto
www.alexismonsanto.com
Featured Models
Bath-Sheba Ariana McMahon
@sheba.mc
Olga Aleksa
@olga_aleksa
Dimail Nitsky
@dimailnitsky
Dasha
@dasha.modelingacc

two-piece ensembles that are classic yet suited for the woman with a fashion forward sensibility. As patron of the Arts, he loves the Opera, Symphony and Broadway musicals. As an avid fan of Surrealist art, Monsanto's work has often been inspired by Salvador Dali and Pablo Picasso. He looks up the works of Valentino and Dior as his masters of elegant styling and design. In addition to designing for ALEXIS MONSANTO/ LOS ANGELES, he also creates a capsule collection with manufacturers like Artisan De Luxe, Ron Herman Vintage and Cado Clothing. He has been a yearly juror of Otis School of Art and Design, and a guest lecturer of the Fashion Institute of Design and Merchandising. He also devotes his time to non-profit organizations in Southern California like HRC, GLAAD, APLA, The Trevor Project & Project Angel food serving its board/committees and spearheading fundraising activities for the fight of Equal Rights for LGBTQ.



ALEXIS MONSANTO

Monsanto's designs are savored for their exquisite tailoring and precision cuts that flatter a woman's body and accentuate the natural curves and shapes of a woman's silhouette. His treatment to fabrics as his canvass is transformed into glamorous evening gowns and





Designer
Coral Castillo
@coral_castillo
@cc.coral
www.coralcastillo.com

Right Page Models
Rea Jinne
@iamreajinne
Ashley Lin
@ashleyblin
Arianna Kyla
@arianna.kyla

Her designs aim to empower women by combining strength and softness in her pieces. Her collection features a mix of structured and feminine elements that give off an ethereal and weightless feel. With a keen eye for texture and layering, her dramatic shapes and draping create a playful relationship with light and opacity.

Born in Mexico City, Coral discovered her passion for fashion design at a young age through her mother's work as a dressmaker. Despite lacking formal training, she began designing for select clients in 2005 and eventually pursued a degree in Fashion Design from The Art Institute of California - San Francisco. Her impressive portfolio earned her numerous awards and recognitions, including the Moss Adams Fashion Innovator award in 2019, in 2018 Coral participated in a series called STITCHED and ended as the winner of Episode 5, and most recently Coral gained a finalist spot on PROJECT RUNWAY S19.

Coral's work has been featured in top fashion publications such as Vogue, Elle and WWD, among others. In addition to her fashion design talents, Coral is also a skilled macramé artist and is passionate about sustainable fashion, incorporating eco-friendly materials and handmade techniques into her designs.

CORAL CASTILLO

Accompanied by NETFLIX "SELLING SUNSET" AGENTS

Amanza Smith | @amanzasmith
Mary Bonnet | @marybonnet





Creative Director
Jacob Mei
@forthestarsfashionhouse
Los Angeles, CA
323-252-5586

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7558 Melrose Ave, Los Angeles, CA

@forthestarsfashionhouse

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Nina Svet
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Asia Dean
@theasiadean





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Lily Gatins
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LA FASHION WEEK

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EDITOR'S CHOICE



*MY
INNER
PIRATE*

Photographed by:
Andrey Lukovnikov

lukovnikov-photo.com

IG: @lukovnikov.photo



**CREATIVE
TEAM CREDITS**

Model

Alexandra

IG: @s_renaissancee

Makeup Artist

Iryna Cherniavska

IG: @kosmetologa_alicante

Assistant

Ekaterina Lukovnikova

IG: @chicken_traveler

Wardrobe Stylist

Yulia Harina

IG: @styling.yuliaharina

*"Time is what we want most...
but use worst."*

-William Penn





EDITOR'S CHOICE





LYCANTHROPY
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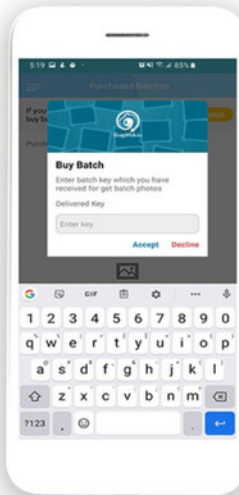
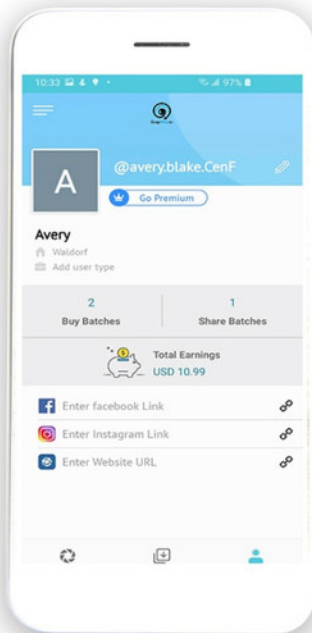
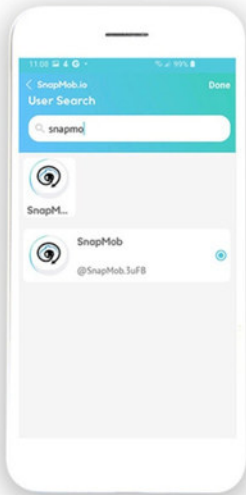
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